

Effective as of **07/07/2025**

Additional ordering and billing information

[Information when ordering laboratory tests that are billed to Medicare/Medicaid](#)

[Information regarding Current Procedural Terminology \(CPT\)](#)

Test Number	Mnemonic	Test Name	New Test	Test Name Change	Specimen Requirements	Methodology	Performed/Reported	Note	Interpretive Data	Reference Interval	Component Charting Name	Component Change	Reflex Pattern	Result Type	Ask at Order Prompt	Numeric Map	Unit of Measure	CPT Code	Pricing Change	Inactivation w/ Replacement	Inactivation w/o Replacement
2003075	HTLV RTPCR	Human T-Lymphotropic Virus Types I/II DNA, Qualitative Real-Time PCR			x																
3016920	5HIAA PLA	5-Hydroxyindoleacetic Acid (HIAA), Plasma			x																
3019850	GHRELIN	Ghrelin, Total	x																		

TEST CHANGE

Human T-Lymphotropic Virus Types I/II DNA, Qualitative Real-Time PCR

2003075, HTLV RTPCR

Specimen Requirements:

Patient Preparation:

Collect: Lavender (EDTA) or, pink (K2EDTA), ~~or yellow (ACD solution A or B).~~

Specimen Preparation: Transfer 1 mL whole blood to an ARUP standard transport tube. (Min: 0.4 mL) Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.

Transport Temperature: Frozen

Unacceptable Conditions: Hemolyzed specimens.

Remarks:

Stability: Ambient: 48 hours; Refrigerated: 1 week; Frozen: 1 month

Methodology: Qualitative Real-Time Polymerase Chain Reaction

Performed: Varies

Reported: 4-7 days

Note:

CPT Codes: 87798 x2

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Reference Interval:

By report

TEST CHANGE

5-Hydroxyindoleacetic Acid (HIAA), Plasma

3016920, 5HIAA PLA

Specimen Requirements:

Patient Preparation: If clinically feasible, discontinue acetaminophen and tryptophan containing supplements at least ~~48~~²⁴ hours prior to specimen collection. The patient should abstain from eating nuts, especially walnuts, and limit fruits, vegetables, and caffeinated beverages or foods to one serving per day in the 24 hours prior to specimen collection.

Collect: Green (sodium heparin). Also acceptable: Lavender (EDTA).

Specimen Preparation: Transfer 0.5 mL plasma to an ARUP standard transport tube. (Min: 0.2 mL) Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.

Transport Temperature: Frozen

Unacceptable Conditions:

Remarks: Patient age is required.

Stability: Ambient: Unacceptable; Refrigerated: 72 hours; Frozen: 2 months

Methodology: Quantitative Liquid Chromatography-Tandem Mass Spectrometry

Performed: Varies

Reported: 5-8 days

Note:

CPT Codes: 83497

New York DOH Approval Status: This test is New York DOH approved.

Interpretive Data:

Reference Interval:

Test Number	Components	Reference Interval
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NEW TEST

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Ghrelin, Total

3019850, GHRELIN

Specimen Requirements:

Patient Preparation: Fast 10-12 hours prior to specimen collection. Discontinue any medications or supplements that may influence cholecystokinin (CCK), glucose, growth hormone, insulin, or somatostatin levels, if possible, for 48 hours prior to collection.

Collect: GI preservative tube (ARUP supply #47531). Available online through eSupply using ARUP Connect(TM) or contact ARUP Client Services at 800-522-2787.

Specimen Preparation: Separate from cells ASAP. Transfer 5 mL plasma to ARUP standard transport tubes and freeze immediately. (Min: 1 mL) Test is not performed at ARUP; separate specimens must be submitted when multiple tests are ordered.

Transport Temperature: CRITICAL FROZEN.

Unacceptable Conditions:

Remarks:

Stability: Ambient: Unacceptable; Refrigerated: 24 hours; Frozen: 6 months

Methodology: Quantitative Enzyme-Linked Immunosorbent Assay (ELISA)

Performed: Varies

Reported: 7-10 days

Note:

CPT Codes: 83520

New York DOH Approval Status: Specimens from New York clients will be sent out to a New York DOH approved laboratory, if possible.

Interpretive Data:

Reference Interval:

By report

HOTLINE NOTE: Refer to the Hotline Test Mix for interface build information.